

## Guiding Principles for Success!

**W**e believe in empowering you to become the Masterpiece you were born to be. We:

1. **Help you** to identify your natural abilities and talents.
2. **Guide you** to understand how to use your strengths.
3. **Hold you** accountable to execute your goals.
4. **Believe in you** that you can become the person you were born to be.
5. **Assist you** to identify the best environment to live your best life... and do your best work.
6. **Expect you** to dedicate time and finances to invest in yourself or your child's education and development.
7. **Communicate** openly and honestly when giving you feedback.
8. **Teach you** to listen to what your heart is feeling so you are passionate about your work.
9. **Help you** to understand and accept that you are a special Masterpiece and created for a special purpose.
10. **Count on you** to have an achievement mindset to excel.
11. **Encourage you** to be attentive for the long-term so you repeat any one of the above principles over, and over, and over to become who you were born to be.

Let's Get Started: Email Maxine Phillips  
maxine@gammsunlimited.com or call 919.349.1726

## Maxine P. Phillips "I Am Who I Was Born To Be!"

**A** purpose driven life is not just the title of a book; it is the true circumstance that drives certain individuals to that point of self-declaration. For Maxine Phillips, her starting point was just the billboard for what would be a career in professional development led by integrity. Growing up in Yukon, West Virginia, Phillips found a way to incorporate teaching into every portion of her life. Observant and nurturing, as well as being an active listener, were the attributes that rooted Phillips within the business of giving and eventually become the pillars that makes her company, GAMMS UNLIMITED, a reputable establishment.

More than just a business, GAMMS UNLIMITED surfaced as a revelation rather than a rebound. Giving more than 25 years of providing leadership and professional education consultation to organizations such as ABB, Adecco, Collin College, Ericsson, Headway, Illinois Bell, Sony Ericsson, and Southwestern Bell, Phillips saw an opportunity to exalt her talents to a realm outside of the corporate world.

A business coaching certification program at North Carolina State University prompted her with a question that allowed her to draft her business plan right on the spot. It was in that moment that she recognized that she was to pursue the business of helping individuals discover their natural gifts, abilities, and talents, a ministry that assess the minds of those who want to put their life's aspirations into action. Through her faith, along with her leadership experience, her Degrees in Business Administration and the help of family, friends and her mentor, she has been able to present GAMMS UNLIMITED as a life and career coaching company. GAMMS UNLIMITED has opened the door for individuals to discover their true missions in order to achieve a well-designed work-life balance to live on purpose and do their best work.

Phillips is a life long learner who finds time to stay active in many associations and volunteers her time to assist non-profit organizations. With a background documented and approved to consult business professionals and coach individuals into fulfilling their life's work, Phillips uses her gifts to "pay it forward." Uniquely positioned in a world where helping others is oftentimes an after-thought, Maxine Phillips presents a life of giving blended with excellence and motivation through GAMMS UNLIMITED.

### OUR VALUES "It's ALL About YOU! "

**G**ive time and attention to our clients.

**I**ntegrity to create ethical professional relationships and maintain confidentiality.

**F**aithful to be accountable, committed, and trustworthy.

**T**ransparent when communicating and being passionate in serving you.

**S**trong commitment to continuous development to achieve excellence in everything we do.



## GAMMS UNLIMITED



**Maxine P. Phillips**

Life & Career Coach  
Speaker and Trainer

# Transforming Generations through Life & Career Coaching

## The Highlands Ability Battery

### Passion and Purpose... In Your Heart?

Imagine discovering your natural abilities and talents and learning how to apply them to any environment, anywhere, anytime, and in any situation. At GAMMS UNLIMITED, we help you live a purposeful life through early identification of your natural abilities and talents. We help you understand how to invest your time and attention to the whole person as you live out the passions in your heart to live your best life and do your best work.

#### Let us help you:

- Explore how your natural abilities influence education, career, and life choices.
- Engage in learning experiences that teach you powerful principles to create success.
- Understand how to live your life with purpose and passion.

### We are Here for You!

Our mission is to transform how people work, live and build careers:

- One **generation** at a time
- One **person** at a time
- One **student** at a time

*“Attentive to the Whole Person”*



Our techniques are Practical, Applicable, Timeless, Realistic, and Personalized.

MAXINE P. PHILLIPS, PRESIDENT

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At GAMMS UNLIMITED, we believe that early identification of your natural abilities is critical to your overall success. Let us help you make the best career and work choices based on a thorough assessment of your talents, gifts and abilities. Our assessment and coaching resources help:

- Students to define their directions and plan for college
- Adults achieve greater career satisfaction
- Businesses effectively develop the skills of their employees

Using the Highlands Ability Battery you'll receive an in-depth assessment of your natural abilities and talents along with a detailed, personalized report and feedback to help you fully understand your strengths and how to use them. The assessment empowers you in the following areas:

- ◆ Career and College Options
- ◆ Personal and Professional Development
- ◆ Life Aspirations
- ◆ Middle, High and College/Technical School students



#### The Highlands Ability Battery:

- ◆ Identifies college majors and career options
- ◆ Guides educational decision
- ◆ Pinpoints how you learn most easily and effectively
- ◆ Promotes self-understanding
- ◆ Builds self-confidence

## Our Programs

**E**mpower those who come with an expectation of success to discover, grow, and apply a set of tools and techniques to use throughout their life time to engage in and act upon to make informed decisions at career points or life stages. Our program consists of a comprehensive offering of services which are fee-based.

The programs are, but not limited to:

#### Ability Assessments:

- ◇ Student
- ◇ Adult
- ◇ Lawyer
- ◇ Leadership



#### Individual Coaching for:

- ◇ Students (Middle, High, College/Technical)
- ◇ Graduates focused on starting their careers
- ◇ Adults in Career Transition (unemployed, under-employed or pre and post retirement)
- ◇ Individuals who wish to discover their natural abilities

#### Group Coaching:

- ◇ Established teams
- ◇ Project

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